

# INSA Class Rules

Revised August 9, 2009

## 1. GENERAL:

Naples Sabot yachts shall race under the current ISAF Racing Rules of Sailing (RRS), except where the INSA rules conflict.

## 2. ELIGIBILITY TO RACE:

- A. The yacht and skipper must comply fully with the requirements of the Association and Fleet.
- B. The yacht must have been constructed in accordance with the official plans and specifications, must possess a copy of a valid Certificate of Measurement on file with the INSA office, and
- C. Must carry a current year registration decal.
- D. A member must be in good standing with a Fleet and the Association to be eligible to race in any INSA sanctioned event.
- E. Where there is an age requirement, birthdays occurring during a regatta shall not affect eligibility already established.
- F. Junior members whose 18th birthday falls between the first day of the Senior Championship Regatta and the Junior Championship Regatta in a calendar year may elect to compete in either Championship, but not both.

A member must be in good standing with a Fleet and the Association to be eligible to race.

## 3. AGE CLASSIFICATIONS

- A. **Junior Members:** classified as under 18 years of age.
- B. **Senior Members:** all Association members who are 18 years of age or older. Within the Senior classification:
  - 1. **Masters** are defined as being 40 years of age or older.
  - 2. **Grand Masters** are defined as being 65 years of age or older.
- C. Senior and Masters Divisions will be established when possible. These two categories will be combined into a single Senior category if there are insufficient (three) entries in either category to make a class.

## 4. INSA "Interfleet" JUNIOR SKIPPER CLASSIFICATION GUIDELINES

- A. Basic Rule: In major regattas with inter-fleet competition, Naples Sabot skippers shall be advanced to the next higher classification upon having won a first place trophy.
- B. Advancement Guidelines:
  - 1. B to A advancement shall be upon winning either three events of one or two day duration with at least 10 or more starters or one two day event with 20 or more starters.
  - 2. All fleet advancements except B to A shall be upon winning either two one day events or one two day event with 10 or more starters.

C. Definitions:

1. Classifications shall be designated "A", "B", and "C" ("C1", "C2", and "C3"), in order of capability, "A" being the highest.
2. A major regatta is a series of four or more races, and of more than one day duration.
3. Inter-fleet competition is defined as racing where two or more fleets are represented in a class, with a total of 10 or more starters. Cases where two or more classes are combined by the Race Committee, because of an insufficient number of starters in one or more classes, do not count.

## 5. COACHING

The only acceptable on the water coaching to the Class during racing shall be for the C3 Class.

## 6. BOAT CHARTERS

Current registration on the chartered boat shall be paid for/by the owner.

## 7. REQUIRED EQUIPMENT

- A. The following equipment must be carried in a Naples Sabot while racing:
1. A U. S. Coast Guard approved personal flotation device (PFD) must be worn and properly fastened by Junior skippers.
  2. A U. S. Coast Guard approved personal flotation device (PFD) must be carried by Senior skippers.
  3. One affixed suitable bailing device.
  4. One affixed paddle which must meet the following specifications: 32 square inches minimum (excluding handle) with no holes permitted; of any material; minimum 1/8" thick; flat; handle 3 1/2" long, 1" wide, one 1/4" hole allowed for attachment cord. A regulation ping pong paddle shall be sufficient.
  5. One painter at 10 feet long and at least 1/4" diameter.

## 8. GROSS WEIGHT RULE

A. Junior Skippers:

1. For Junior Championship regattas and all Junior A regattas (excluding Sabot II), the gross weight of the skipper plus hull and equipment, as defined in the specifications, must equal two hundred twenty (220) pounds.
2. If it does not, the skipper must add weight in the boat to bring it up to this minimum, except no skipper is required to carry more than 20 pounds of added weight. Consequently, in the case of a very light skipper, the gross weight might not reach 220 pounds but

3. Any weight (ballast) added shall not destroy the 10 pound minimum positive buoyancy of the yacht.
  4. At a regatta, when Junior fleets are combined due to lack of entries, only "A" skippers must follow the gross weight rule.
- B. Senior Skippers:
1. For Senior Championship Regattas, the gross weight of the skipper plus hull and equipment, as defined in the specifications, must equal 245 pounds.
  2. If it does not, the skipper must add weight in the boat to bring it up to this minimum, except no skipper is required to carry more than 35 pounds of added weight. Therefore, in the case of a very light skipper, the gross weight might not reach 245 pounds, but would still be legal if the maximum 35 pounds of weight were added.
  3. Any weight (ballast) added shall not destroy the 10 pound minimum positive buoyancy of the yacht.
- C. Senior Skippers, Clydesdale Division:
1. For Senior Championship Regattas, Clydesdale Division, the gross weight of the skipper must be 220 pounds or heavier.
  2. If the skipper weighs 200 pounds, he must carry 20 pounds of added weight, added weight not to exceed 20 pounds.
- D. Ballast required to bring a yacht to its weight of 95 pounds **does not** apply to the required corrector weight for juniors (maximum of 20 pounds) or to the required corrector weight for seniors (maximum of 35 pounds).

## 9. SCORING

Low Point Scoring (Racing Rules of Sailing Appendix A) will be used, unless changed by INSA Championship guidelines.

### ASSOCIATION SPONSORED CHAMPIONSHIP EVENTS:

#### *Senior/Masters Championship Regatta*

##### 1. ELIGIBILITY

The event is open to any sailor who:

- A. In the Senior Regatta, must be over age 18 at the time of the event.
- B. In the Master Regatta, must be over age 40 at the time of the event.
- C. In the Grand Master Regatta, must be over age 65 at the time of the event.

- D. Is a member in good standing of INSA, and whose boat registration and fleet dues (if applicable) are current with the Association.
- E. Has submitted a valid entry form and paid all applicable fees prior to the start of the regatta.
- F. Boats shall be eligible to sail in the Senior, Master , Grand Master or Clydesdale Division National Championship provided they have a valid measurement certificate on file with the INSA office, and they have a valid decal for the current calendar year affixed on the hull.

## **2. EQUIPMENT**

- A. The same hull, sail and equipment must be used throughout the entirety of the event, unless it is so severely damaged as to be incapable of being sailed. All claims of damage requiring replacement must be petitioned, in writing, to the Regatta Chair, Chief Judge, or INSA Secretary. In all cases, replacement equipment must satisfy all measurement requirements.
- B. Hull and sail number shall match. An exception may be made at the discretion of the INSA Secretary or Regatta Chairman in the event of a damaged hull.
- C. Pre-regatta measurement and weigh-in shall be completed prior to the close of regatta check-in.

## **3. REGATTA GUIDELINES**

- A. The Regatta shall be held annually with the following host rotation: ABYC, BYC/BCYC, MBYC, NHYC/LIYC, SDYC.
- B. The Event shall be governed by INSA Class (Racing) Rules, and the current Racing Rules of Sailing.
- C. Three races are required to be completed to constitute a series for the Senior and Master Championships. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six races have been completed, each boat's series score shall be the total of her race scores excluding her worst score (throw out).
- D. The Grand Masters Championship Regatta shall not consist of more than three races, to be sailed during a single day. One race is required to be completed to constitute a series. A boat's series score shall be the total of all of her race scores. The Grand Masters shall not start with any other fleet.
- E. The Clydesdale Division Championship Regatta shall not consist of more than three races, to be sailed during a single day. One race is required to be completed to constitute a series. A boat's series score shall be the total of all of her race scores. The Clydesdale Division shall not start with any other fleet.

#### **4. CHAMPIONSHIP TROPHIES**

- A. A participation souvenir will be given to all competitors.
- B. Senior Sabot Nationals Perpetual Trophy to the winner of the Senior fleet.
- C. Seniors - First through fifth take home trophies.
- D. Masters Sabot Nationals Perpetual Trophy to the winner of the Masters fleet.
- E. Masters - First through fifth take home trophies.
- F. Grand Masters Sabot Nationals Perpetual Trophy to the winner of the Grand Masters fleet.
- G. Grand Masters - First through third take home trophies.
- H. Clydesdale Division Sabot Nationals Perpetual Trophy to the winner of the Clydesdale Division.
- I. Clydesdale Division – First through third take home trophies.
- J. “Daily First” trophies given to winner of each race for all fleets.

#### **5. TROPHY RESPONSIBILITY AND CONDITIONS**

The name, year and yacht club of the Winner shall be engraved by the winner and/or winner’s yacht club on the Perpetual Trophy. The Trophy is to be held by the winner or winner’s yacht club until the next INSA Senior, Master, Grand Masters and Clydesdale Division National Championship. It is the responsibility of the winner to return the updated trophy, in original condition, to the next Championship.

#### ***Junior Championship Regatta***

##### **1. ELIGIBILITY**

The event is open to any sailor who:

- A. Has not reached 18 years of age at the time of the event
  - 1. EXCEPTION: Any competitor whose 18th birthday falls between the first day of the Senior Championship Regatta and the Junior Championship Regatta in a calendar year may elect to compete in either Championship, but not both.
- B. By July 10th, is a member in good standing of INSA, and whose boat registration and fleet dues (if applicable) are current with the Association. An additional late fee of \$20 will be charged for skippers and hulls not in compliance.
- C. By July 25th, has submitted a valid entry form and paid all applicable fees prior to the start of the regatta. Entries may be received by August 1st if accompanied by a late fee.

- D. By July 25th, has qualified for the Championship Regatta in a fleet ranking series/or have received a ranking placement by the fleet to which the member belongs. Note that the fleet shall submit a ranking list to the INSA Secretary-Treasurer by August 1st.
- E. Boats shall be eligible to sail in the Junior National Championship provided they have a valid measurement certificate on file with the INSA office by July 25th, and they have a valid decal for the current calendar year affixed on the hull.

## 2. EQUIPMENT

- A. The same hull, sail and equipment must be used throughout the entirety of the event, unless it is so severely damaged as to be incapable of being sailed. All claims of damage requiring replacement must be petitioned, in writing, to the Regatta Chair, Chief Judge, or INSA Secretary. In all cases, replacement equipment must satisfy all measurement requirements.
- B. Hull and sail number shall match. An exception may be made at the discretion of the INSA Secretary or Regatta Chairman in the event of a damaged hull.
- C. Pre-regatta measurement and weigh-in shall be completed prior to the close of regatta check-in.

## 3. REGATTA GUIDELINES:

- A. The Regatta shall be held annually on a rotating north-south basis.
- B. The Event shall be governed by INSA Class (Racing) Rules, and the current Racing Rules of Sailing.
- C. The INSA Junior National Championship shall consist of: Qualification Series, Flight Selection Series and Championship Series.
  - 1. **Qualification Series:** Any skippers who raced in the previous Championship Regatta in either the Championship (Gold) or Silver Flights will automatically pre-qualify for the Flight Selection Series. No skipper so qualified may sail in the Qualification Series. There is no restriction on the number of boats that may compete in this series. A tie for the cut-off point which determines the Flight Selection entrants shall not be broken.
  - 2. **Flight Selection Series:** Shall consist of Pre-Qualified entrants plus the top finishers of the Qualification Series sufficient to total 140 yachts, plus ties for 140th place. Flights for the Championship Series shall be determined by finish positions in the Flight Selection Series. Ties at the cutoff points shall not be broken.
  - 3. **Championship Series:** The Championship Series shall consist of the four equal flights as determined by the Flight Selection Series. However ties at each flight cut-off point shall not be broken which may result in a smaller number of competitors in the Iron Flight than

#### 4. EXEMPTIONS

- a. **Exemption A.** The defending Junior National Champion may opt to be seeded as an addition to the Championship Flight and not be required to race the Flight Selection Series. Election to sail the Flight Selection Series voids this option.
- b. **Exemption B.** The Board of Directors may, in rare cases, accept a written petition from a worthy competitor to waive all, or part, of the prior series if participation in a national US SAILING event which required elimination by area prevents the sailor from participation in all or part of the prior series. If the acceptance of the petition shall increase the number of sailors in the Championship Flight such that a sailor who earned a position in the Championship Flight through normal eliminations will not be bumped.

#### 4. SCHEDULE OF RACES

- A. Qualification and Flight Selection Series: Under normal conditions five races shall be sailed. When three or fewer races have been completed, a boat's series score will be the total of her race scores, there shall be no throw out. If four or more races are completed a boat's series score shall be the total of her race scores excluding her worst score.
- B. Championship Series: Under normal conditions six races shall be sailed. Three races are required to be completed to constitute a series. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six races have been completed, each boat's series score shall be the total of her race scores excluding her worst score (throw out).

#### 5. REASONS FOR DISQUALIFICATION

**Coaching:** On the water coaching will not be allowed. Violations of this rule shall be considered a Fundamental Rule infringement and may result in sanctions against any involved skipper and/or team up to and including disqualification from the regatta. (Note: Spectator and/or support craft may be allowed at the discretion of the host authority.)

#### 6. TROPHIES TO BE AWARDED AT THE INSA JUNIOR NATIONAL CHAMPIONSHIP REGATTA

- A. A participation souvenir will be given to all competitors.
- B. Qualification Series - No trophies shall be awarded.
- C. Flight Selection Series - First through tenth take home trophies.

- D. Championship Series Gold Flight:
  - 1. "Daily First" take home trophies (given to the winner of each race).
  - 2. First through tenth take home trophies.
  - 3. INSA Junior National Championship Perpetual Trophy.
  - 4. Hal Brown Memorial Trophy for the best combined score, with no throw-outs, in the Flight Selection and Championship Series.
  - 5. Coronado Chamber of Commerce Perpetual Trophy to the winner of the final race in the Championship series.
- E. Championship Series Silver Flight:
  - 1. First through fifth take home trophies.
  - 2. Commodore's Cup Perpetual to the winner of the Silver Flight.
- F. Championship Series Bronze Flight:
  - 1. First through fifth take home trophies.
- G. Championship Series Iron Flight:
  - 1. First through fifth take home trophies.
- H. Joe Wells Perpetual Trophy to the top junior woman in the Championship Series.
- I. Jessica Uniack Memorial Trophy to the outstanding junior sportsman of the year.
- J. Peggy Lenhart Perpetual Trophy to the most improved junior sailor at Nationals.

## **7. TROPHY RESPONSIBILITY AND CONDITIONS**

The name, year and yacht club of the Winner shall be engraved by the winner and/or winner's yacht club on the Perpetual Trophy. The Trophy is to be held by the winner or winner's yacht club until the next INSA Junior National Championship. It is the responsibility of the winner to return the updated trophy, in original condition, to the next Championship.

### ***Sabot II Championship Regattas (Division and Invitational)***

#### **1. ELIGIBILITY**

The event is open to any sailor who:

- A. Has not reached their 12th birthday by the start of the first divisional championship regatta.
- B. Birthdays occurring during a regatta do not affect eligibility already established.
- C. Is a member in good standing of INSA, and whose boat registration and fleet dues (if applicable) are current with the Association.
- D. Has submitted a valid entry form and paid all applicable fees prior to the start of the regatta.

- E. Has qualified for the Sabot II Invitational Championship Regatta through the defined qualification procedure.
- F. Boats shall be eligible to sail in the Sabot II Invitational Championship Regatta provided they have a valid measurement certificate on file with the INSA office, and they have a valid decal for the current calendar year affixed on the hull.
- G. Yacht club membership is waived for members otherwise in good standing who do not qualify for yacht club membership because of age.
- H. Weights are not required for any sailor competing in the Sabot II Championship or District Qualifications.

## 2. REGATTA GUIDELINES

- A. These Events shall be governed by INSA Class Rules.
- B. **Division Championships**
  - 1. **Northern Division:** The Northern Division shall include all Fleets north of and including San Clemente, to and including Bakersfield, within California.
  - 2. **Southern Division:** The Southern Division shall include all Fleets south of San Clemente to the Mexican Border, within California.
  - 3. **Open Division:** Open Divisions shall include any Fleets outside of the Divisions above noted that host a regatta of six or more Naples Sabots pursuant to the eligibility rules below.
  - 4. There shall be no restriction on the number of boats sailing in the divisional Sabot II Regattas.
- C. **Invitational Championship**
  - 1. The Sabot II Invitational Championship Regatta shall be held annually on a rotating north-south basis. It is restricted to 10 competitors selected in order of finish from each Division Championship. Ties at the cut-off point shall not be broken. The regatta shall consist of at least five races when practical.
- D. **Schedule of Races**
  - 1. **Division Series:** Three races are required to be completed to constitute a series. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six races have been completed, each boat's series score shall be the total of her race scores excluding her worst score (throw out). Ties for first place will remain and will not be broken.
  - 2. **Invitational Series:** Three races are required to be completed to constitute a series. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six races have been completed, each boat's series score shall be the total of her race scores excluding her worst score (throw out).

### 3. TROPHIES TO BE AWARDED

- A. **Division Series:** A participation souvenir will be given to all competitors. First through tenth take home trophies, plus youngest skipper who completes all the races, and Sabot II Regional Division Perpetual for north and south divisions.
- B. **Invitational Series:** First through fifth take home trophies, J. J. Fetter Perpetual Award to first girl, and Sabot II Invitational Champion Perpetual.

### 4. TROPHY RESPONSIBILITY AND CONDITIONS

The name, year and yacht club of the Winner shall be engraved by the winner and/or winner's yacht club on the Perpetual Trophy. The Trophy is to be held by the winner or winner's yacht club until the next INSA Sabot II Championship Regatta. It is the responsibility of the winner to return the updated trophy, in original condition, to the next Championship.